## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION <br> No. 132 <br> Session of 2011

INTRODUCED BY GOODMAN, BEAR, BOBACK, BRADFORD, BROOKS, CALTAGIRONE, COHEN, CONKLIN, D. COSTA, DAVIS, DeLUCA, DENLINGER, DePASQUALE, DiGIROLAMO, J. EVANS, EVERETT, FABRIZIO, FLECK, FRANKEL, GEORGE, GILLESPIE, GINGRICH, GRELL, GROVE, HARHAI, HARHART, HARKINS, HESS, HORNAMAN, JOHNSON, KAVULICH, KILLION, KNOWLES, KORTZ, KULA, LONGIETTI, MAJOR, MANN, MARSICO, MICOZZIE, MILLARD, MIRABITO, MOUL, MURT, MUSTIO, MYERS, M. O'BRIEN, O'NEILL, PAYNE, PAYTON, PEIFER, PICKETT, PYLE, QUINN, RAVENSTAHL, ROEBUCK, ROSS, SAINATO, SCAVELLO, K. SMITH, SONNEY, STABACK, STERN, SWANGER, TALLMAN, TOEPEL, VEREB, VULAKOVICH, WAGNER, WATSON, WHEATLEY, WHITE AND YOUNGBLOOD, MARCH 15, 2011

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, MARCH 15, 2011

## A RESOLUTION

Recognizing the week of May 8 through 14, 2011, as "National Women's Health Week" in Pennsylvania.

WHEREAS, "National Women's Health Week" is a national effort to raise awareness about manageable steps women can take to improve their health; and

WHEREAS, Many of the leading causes of death among women can be successfully prevented or treated if the warning signs are detected early enough; and

WHEREAS, According to the United States Department of Health and Human Services, getting regular checkups, being physically active, eating a healthy diet, not smoking and paying attention to mental health, including getting enough sleep and managing
stress, are five health habits for improving women's health; and
WHEREAS, "National Women's Health Week" stresses the
importance of taking appropriate health actions based on individual backgrounds and risk factors; therefore be it RESOLVED, That the House of Representatives recognize the 6 week of May 8 through 14, 2011, as "National Women's Health 7 Week" in Pennsylvania in an effort to raise awareness about 8 women's health issues.

