THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION No. 153 Session of 2009

INTRODUCED BY DALLY, BAKER, BEYER, BRENNAN, BURNS, CALTAGIRONE,
CAUSER, COHEN, CONKLIN, D. COSTA, DELOZIER, DENLINGER,
DIGIROLAMO, DONATUCCI, FLECK, GEIST, GILLESPIE, GINGRICH,
GOODMAN, GROVE, GRUCELA, HELM, HENNESSEY, HESS, HICKERNELL,
KILLION, KORTZ, KOTIK, McCALL, MELIO, MILLARD, MOUL, MUSTIO,
PALLONE, PARKER, PAYNE, PHILLIPS, PICKETT, QUINN, RAPP,
READSHAW, REICHLEY, ROCK, ROSS, SANTONI, SCAVELLO, SIPTROTH,
K. SMITH, STEVENSON, SWANGER, VEREB, VULAKOVICH, WALKO AND
WATSON, MARCH 17, 2009

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, MARCH 17, 2009

A RESOLUTION

1 2	Designating the month of April 2009 as "Celiac Disease Awareness Month" in Pennsylvania.
3	WHEREAS, Celiac disease is an autoimmune digestive disease
4	that damages the villi of the small intestine and interferes
5	with absorption of nutrients from food; and
6	WHEREAS, Celiac disease is triggered by consumption of the
7	protein called gluten, which is found in wheat, barley and rye;
8	and
9	WHEREAS, When people with celiac disease eat foods containing
10	gluten, their immune system responds by damaging the fingerlike
11	villi of the small intestine; and
12	WHEREAS, When the villi become damaged, the body is unable to
13	absorb nutrients into the bloodstream, which can lead to
14	malnourishment; and

1 WHEREAS, Celiac disease is also known as celiac sprue,
2 nontropical sprue and gluten-sensitive enteropathy; and
3 WHEREAS, Researchers have determined that celiac disease is a
4 genetic condition, meaning that it is inherited; and
5 WHEREAS, In some cases, celiac becomes active or is triggered
6 by events such as surgery, pregnancy, childbirth, viral
7 infection or severe emotional stress; and

8 WHEREAS, Roughly one out of every 133 Americans has celiac 9 disease, but 97% remain undiagnosed, which means that almost 10 three million Americans have celiac disease and only about 11 100,000 know they have it; and

12 WHEREAS, Left untreated, people with celiac disease can 13 develop further complications, such as other autoimmune 14 diseases, osteoporosis, thyroid disease and cancer; and

WHEREAS, There are a number of medical problems that are associated with undiagnosed celiac disease, including cancer, osteoporosis, diabetes Type 1, thyroid problems and reproductive health issues; and

19 WHEREAS, The only treatment for celiac disease is a lifelong 20 gluten-free diet; and

21 WHEREAS, A gluten-free diet means avoiding all foods that contain wheat, including spelt, triticale, kamut and rye; and 22 23 WHEREAS, Despite these restrictions, people with celiac 24 disease can eat a well-balanced diet with a variety of foods, 25 including bread and pasta. For example, instead of wheat flour, people can use potato, rice, soy or bean flour. Or, they can buy 26 gluten-free bread, pasta and other products from specialty food 27 28 companies; and

29 WHEREAS, The residents of this Commonwealth should be aware 30 of celiac disease and its treatment; therefore be it

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1 RESOLVED, That the House of Representatives designate the

2 month of April 2009, as "Celiac Disease Awareness Month" in

3 Pennsylvania.