

THE GENERAL ASSEMBLY OF PENNSYLVANIA

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# HOUSE RESOLUTION

No. 197 Session of  
1991

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INTRODUCED BY DALEY, OCTOBER 8, 1991

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ADOPTED, OCTOBER 8, 1991

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## A RESOLUTION

1 Commemorating October 7 through 13 as "Physical Therapy Week" in  
2 Pennsylvania; and encouraging our citizens to get regular  
3 physical exercise.

4 WHEREAS, "Physical Therapy Week" provides citizens of the  
5 State with a prime opportunity to focus their priorities on the  
6 need to maintain a healthy lifestyle complete with regular  
7 exercise and proper nutrition; and

8 WHEREAS, Thousands of citizens can increase their chances to  
9 long life and enjoy good health by adhering to a regular  
10 exercise schedule which promotes fitness and fun; and

11 WHEREAS, Citizens of all ages should enjoy the benefits of  
12 exercise in an activity which will enable them to remain healthy  
13 and fit; and

14 WHEREAS, Engaging in proper exercise vastly improves a  
15 person's outlook on life both physically and mentally; and

16 WHEREAS, "Physical Therapy Week" provides an opportunity to  
17 acknowledge and pay tribute to all physical therapy workers who  
18 assist others in overcoming injuries or disabilities; therefore

1 be it

2 RESOLVED, That the House of Representatives recognize October  
3 7 through 13 as "Physical Therapy Week"; and be it further

4 RESOLVED, That the House of Representatives encourage all  
5 citizens to initiate an exercise schedule during this week which  
6 will enable them to enjoy the happiness and vigor which comes  
7 from a healthy lifestyle.