
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 235 Session of
2023

INTRODUCED BY FLOOD, M. MACKENZIE, SCHLOSSBERG, PICKETT,
KAUFFMAN, KHAN, ROWE, E. NELSON, RADER, R. MACKENZIE, MAKO,
KAZEEM, NEILSON, FREEMAN, DELOZIER AND McNEILL,
OCTOBER 4, 2023

REFERRED TO COMMITTEE ON STATE GOVERNMENT, OCTOBER 4, 2023

A RESOLUTION

1 Designating the week of November 12 through 18, 2023, as
2 "Kindness Week" in Pennsylvania.

3 WHEREAS, Since 1988, "World Kindness Day" has been celebrated
4 across the globe on November 13; and

5 WHEREAS, The World Kindness Movement established this day to
6 promote kindness worldwide, to demonstrate the positive impacts
7 of large and small acts of kindness and to encourage harmony
8 among people; and

9 WHEREAS, Random acts of kindness to strangers, including
10 paying-it-forward at drive throughs or letting a car go in front
11 of you to merge into traffic, are simple ways that can be
12 meaningful to individuals; and

13 WHEREAS, Science has shown that kindness can be contagious;
14 and

15 WHEREAS, When bystanders witness acts of kindness they are
16 more likely to perform their own acts of kindness; and

17 WHEREAS, When individuals start making an effort to do small

1 acts of kindness it becomes a habit, which improves communities
2 and makes others feel valued; and

3 WHEREAS, Kindness does not have to cost anything and even a
4 compliment or texting a friend can brighten someone's day; and

5 WHEREAS, Other ways to show kindness include putting a sign
6 in your yard telling people things get better, volunteering in
7 your community, cooking a meal for a neighbor, picking up litter
8 or writing a thank you note to express your appreciation to
9 another person; and

10 WHEREAS, In celebration of how even small acts of kindness
11 can impact individuals, Pennsylvanians are encouraged to perform
12 at least one act of kindness each day during "Kindness Week";
13 therefore be it

14 RESOLVED, That the House of Representatives designate the
15 week of November 12 through 18, 2023, as "Kindness Week" in
16 Pennsylvania; and be it further

17 RESOLVED, That the House of Representatives encourage
18 everyone to start being kind to one another for one week and
19 observe how the sense of community can be strengthened by doing
20 a few simple things each day.